Immunity 2021

A Hot Topic report from Nicholas Hall's Reports (260 Pages)

Definitions & methodology (2 pages)

Overview (8 pages)

How immunity became one of the hottest trends in healthcare (1 page)
In a pandemic-hit world, immunity has become a top-of-mind concern for many consumers

The shift from prevention to treatment (1 page)

Chart: Global leading CHC growth categories 2020 (MSP, \$mn) Is this shift to prevention sustainable?

The existing CHC market for immunity (2 pages)

CHC categories boosted by this increased demand for preventive products are multiple

Assessing the size of the immunity market (2 pages)

Sales of immunity products primarily drawn from among vitamins, minerals & supplements

Most categories in VMS Immunity market posted dynamic growth

Chart: VMS Immunity market by category 2020 (MSP, \$mn)

A major flu revival imminent? (2 pages)

How likely is a resurgence in seasonal respiratory viruses this winter? Usual flu & respiratory viruses absent during Covid pandemic The role of flu vaccinations

Consumer attitudes to immunity (4 pages)

Prevention a growing priority (1 page)

Surveys reveal consumer insights (2 pages)

Chart: Percentage who believe stated ingredients support immunity

Recap of key survey findings (1 page)

Immune supplements (34 pages)

Thriving category sees record 2020 sales (1 page)

Chart: Global immune supplements sales 2016-20 (MSP, \$mn) Chart: Leading immune supplements markets 2020 (MSP, \$mn)

Further bolstered by dramatic upturn in launch activity 1 (page)

Defining immune supplements

Chart: Global immune supplements NPD activity 2013-21

Leading brands grew rapidly across the board (1 page)

Chart: Global leading immune supplements 2020 (MSP, \$mn)

USA driven by high launch activity and A+P investment (5 pages)

Chart: USA immune supplements sales 2016-20 (MSP, \$mn) Chart: USA leading immune supplements 2020 (MSP, \$mn)

Airborne consolidates its No.1 US ranking (2 pages)

Chart: Airborne sales 2016-20 (MSP, \$mn)

Key learnings

Elderberry-based Sambucol continues formidable rise (3 pages)

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Chart: Sambucol sales by category 2020

Chart: Sambucol immune supplements sales 2016-20 (MSP, \$mn)

Chart: Sambucol leading immune supplements markets 2020 (MSP, \$mn)

Key learnings

Indonesia benefits from launches and educational A+P (3 pages)

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Chart: Indonesia leading immune supplements 2020 (MSP, \$mn)

Italy boosted by NPD as pandemic stimulates demand (2 pages)

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Germany sees limited gains, then signs of downturn (2 pages)

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Russia sees huge pandemic-led jump in 2020 sales (2 pages)

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Canada experiences strong demand for echinacea (2 pages)

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Poland growth sluggish as consumers seek alternatives (2 pages)

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Mexico benefits from strong showing for Aderogyl (1 page)

Chart: Mexico immune supplements sales 2016-20 (MSP, \$mn)

France sales flat as consumers look to vitamin D (1 page)

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Australia sees high demand prompt launch activity (2 pages)

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Brazil sees new market spring up in shadow of Covid (2 pages)

Chart: Brazil immune supplements sales 2016-20 (MSP, \$mn) Chart: Brazil leading immune supplements 2020 (MSP, \$mn)

Few new ingredient launches to expand the category (1 page) NPD features mixture of established and new ingredients

Previous dynamism unsustainable but sales remain high (1 page)

Short-term forecast

Chart: Global immune supplements 5 & 10 year forecast sales 2025 & 2030 (MSP, \$mn)

Vitamin C (23 pages)

Covid-19 pandemic brings big rise in immunity sales (2 pages)

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Chart: Leading vitamin C supplements markets 2020 (MSP, \$mn)

Chart: Global immunity vitamin C supplements share 2020 (MSP, \$mn) Chart: Global immunity vitamin C supplements sales 2016-20 (MSP, \$mn)

Chart: Leading immunity vitamin C supplements markets 2020 (MSP, \$mn)

Immunity links well established, but is it beneficial for Covid-19? (2 pages)

Standalone vitamin C brands Emergen-C and Redoxon lead globally (1 page)

Chart: Global leading immunity vitamin C supplements 2020 (MSP, \$mn)

Covid-19 sees US sales break \$1bn (3 pages)

Chart: USA vitamin C supplements sales 2016-20 (MSP, \$mn)

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Emergen-C established as the US vitamin C brand for immunity (2 pages)

Chart: Emergen-C immunity vitamin C supplements sales 2016-20 (MSP, \$mn) Key learnings

Demand for vitamin C in China rises over immunity concerns (2 pages)

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Sales almost double in Brazil as consumers seek immune protection (2 pages)

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Redoxon boosted by "triple action" claims (1 page)

Chart: Redoxon immunity vitamin C supplements sales 2016-20 (MSP, \$mn) Key learnings

High levels of immunity-focused A+P in Poland (2 pages)

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Immunity concerns provide big sales boost in Germany (1 page)

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Launches and A+P in Australia as marketers seek to meet demand (2 pages)

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Sales rocket in Italy thanks to pandemic demand (1 page)

Chart: Italy immunity vitamin C supplements sales 2016-20 (MSP, \$mn) Chart: Italy leading immunity vitamin C supplements 2020 (MSP, \$mn)

Beauty with immunity to be an expanding niche? (1 page)

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High vitamin C sales brought about by pandemic demand here to stay? (1 page) Short-term forecast

Chart: Global immunity vitamin C supplements 5 & 10 year forecast sales 2025 & 2030 (MSP, \$mn)

Vitamin D (23 pages)

Global sales spike in 2020 (2 pages)

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Chart: Leading immunity vitamin D supplements markets 2020 (MSP, \$mn)

Studies into immune benefits of vitamin D accelerating (3 pages)

Vitamin D's links with immunity have been well established for a number of years Covid-19 pandemic brought vitamin D's immunity links to the fore in 2020

Longline ranges dominate global immunity vitamin D rankings (1 page)

Chart: Global leading immunity vitamin D supplements 2020 (MSP, \$mn)

US vitamin D sales rocket in 2020 thanks to immunity link (4 pages)

Chart: USA vitamin D supplements sales 2016-20 (MSP, \$mn)

Chart: USA immunity vitamin D supplements sales 2016-20 (MSP, \$mn)

Chart: USA leading immunity vitamin D supplements 2020 (MSP, \$mn)

CRN launches Vitamin D & Me!

AquaDetrim and Detrimax dominate Russia via high-profile A+P (2 pages)

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Chart: Russia immunity vitamin D supplements sales 2016-20 (MSP, \$mn)

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Covid-19 pandemic boosts struggling Canadian vitamin D market (2 pages)

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Chart: Canada leading immunity vitamin D supplements 2020 (MSP, \$mn)

Italy a star performer in immunity vitamin D (2 pages)

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Chart: Italy leading immunity vitamin D supplements 2020 (MSP, \$mn)

Vitabiotics capitalises on immunity trend in UK during pandemic (2 pages)

Chart: UK vitamin D supplements sales 2016-20 (MSP, \$mn)

Chart: UK immunity vitamin D supplements sales 2016-20 (MSP, \$mn)

Chart: UK leading immunity vitamin D supplements 2020 (MSP, \$mn)

Growing competition in France's immunity vitamin D market (2 pages)

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Chart: France immunity vitamin D supplements sales 2016-20 (MSP, \$mn)

Consumer concerns over immunity inspire high-profile A+P in Brazil (2 pages)

Chart: Brazil vitamin D supplements sales 2016-20 (MSP, \$mn)

Chart: Brazil immunity vitamin D supplements sales 2016-20 (MSP, \$mn)

Chart: Brazil leading immunity vitamin D supplements 2020 (MSP, \$mn)

Segment has strong potential globally; underdeveloped in Asia-Pacific (1 page)

Short-term forecast

Chart: Global immunity vitamin D supplements 5 & 10 year forecast sales 2025 &

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Zinc (14 pages)

Global sales spike in 2020 (2 pages)

Chart: Global zinc supplements sales 2016-20 (MSP, \$mn)

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Chart: Global immunity zinc supplements share 2020 (MSP, \$mn)

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Longline ranges dominate global immunity zinc rankings (1 page)

Chart: Global leading immunity zinc supplements 2020 (MSP, \$mn)

USA sees sales rocket in 2020 thanks to immunity link (2 pages)

Chart: USA zinc supplements sales 2016-20 (MSP, \$mn)

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Zicam acquisition paves way for potential future NPD (1 page)

Zicam acquisition offers Church & Dwight potential opportunity to launch branded zinc range

Germany's zinc sales boosted by high-dosage formats (3 pages)

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Chart: Germany leading immunity zinc supplements 2020 (MSP, \$mn)

In Japan zinc's immunity benefits compete alongside beauty and energy (2 pages)

Chart: Japan zinc supplements sales 2016-20 (MSP, \$mn)

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Brazil benefits from high awareness for zinc supplementation in children (1 page)

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In Russia longline range Solgar dominates sales (1 page)

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Chart: Russia immunity zinc supplements sales 2016-20 (MSP, \$mn)

Raised awareness of zinc's immunity properties drives future sales (1 page)

Chart: Global immunity zinc supplements 5 & 10 year forecast sales 2025 & 2030

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Short-term forecast

Probiotics (31 pages)

Immunity a bright spot in a slowing category (2 pages)

Chart: Global probiotics sales 2016-20 (MSP, \$mn)

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Probiotics for immunity (1 page)

The role of probiotics in immunity

USA probiotics driven by food & drink launches (6 pages)

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China's probiotics category dominated by infant health (3 pages)

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Immunity segment growing in Chinese probiotics

Australian immune probiotics dominated by longline brands (4 pages)

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Strong potential for Australian probiotics market

Immunity probiotics grew in France ahead of declining topline (3 pages)

Chart: France probiotics sales 2016-20 (MSP, \$mn)

Chart: France immunity probiotics sales 2016-20 (MSP, \$mn)

Chart: France leading immunity probiotics 2020 (MSP, \$mn)

Launch activity a key growth driver for French immune probiotics

Opportunities exist in Germany's probiotics market (3 pages)

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Chart: Germany immunity probiotics sales 2016-20 (MSP, \$mn)

Chart: Germany leading immunity probiotics 2020 (MSP, \$mn)
Immunity segment underdeveloped but seeing increased marketer attention

Marketers showing growing interest in Poland's immunity segment (2 pages)

Chart: Poland probiotics sales 2016-20 (MSP, \$mn)

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Support for immunity probiotics increasing, but category still relatively minor

Mixed performances in Italy's immunity segment (2 pages)

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India an emerging player in immunity probiotics

South Korea seeing high levels of probiotics NPD (1 page) South Korea's probiotics market expanding rapidly

High levels of NPD expanding segment into new markets (2 pages)

Growing interest in immunity probiotic launches Key 2020 launches

Key 2021 launches

Outlook is bright for immunity segment (1 page)

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Short-term forecast

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Greater consumer focus on wellness and protection boosts sales (1 page)

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Sales see big leap in USA (while China growth steady) (1 page)

High zinc content key in India (1 page)

High level of immune-focused A+P in Brazil (1 page)

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Centrum expanding into immune health (2 pages)

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Key learnings

Immune-focused products forecast to maintain highs (1 page)

Chart: Global immunity multivitamins 5 & 10 year forecast sales 2025 & 2030

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Short-term forecast

OTC tonic drinks (6 pages)

Immunity a new niche in historically static category (1 page)

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Japanese marketers look to new niches (3 pages)

Chart: Japan OTC tonic drinks sales 2016-20 (MSP,\$mn) Chart: Japan leading OTC tonic drinks 2020 (MSP, \$mn)

Tonic drinks category is primed for expansion into immunity segment

Overseas presence limited but expanding (1 page)

Spotlight on Taiwan

Immunity may have only limited long term impact on topline (1 page)

Chart: Global OTC tonic drinks 5 & 10 year forecast sales 2025 & 2030 (MSP, \$mn)

Short-term forecast

Chyawanprash (6 pages)

Covid-19 drove demand, leading to record 2020 category sales (1 page)

Chart: Global chyawanprash sales 2016-20 (MSP, \$mn)

Chart: Global leading chyawanprash brands 2020 (MSP, \$mn)

Dabur comprehensive immunity range the biggest winner (1 page)

Covid-19 claim and adjusted strategy boosted sales for Dabur (1 page)

Key findings of Dabur Chyawanprash Covid-19 clinical study (1 page)

Baidyamath's comprehensive formulation a key selling point (1 page)

Zandu focuses on sugar-free remedies to boost sales (1 page)

Outlook: Increased competition within the category expected

Antivirals (8 pages)

Brands benefit from Covid-driven move towards prevention (1 page) Limited category with only handful of markets fielding OTC antivirals Antivirals for prevention of cold & flu as well as treatment

Russian cold & flu market features several antivirals (2 pages)
Russia is most prominent market for OTC antivirals, all boosted by Covid
Chart: Russia leading systemic cold & flu brands 2020 (MSP, \$mn)

Arbidol revived by Covid trends, although claims scrutinized (1 page) Russia's No.1 cold & flu brand enjoyed stellar growth Chart: Arbidol sales 2016-20 (MSP, \$mn)

Poland's inosine pranobex segment sees growth and activity (1 page)
Poland antivirals led by dynamic inosine brands
Chart: Poland leading systemic cold & flu brands 2020 (MSP, \$mn)

<u>Limited availability in other markets (1 page)</u>
New Zealand first country to switch Tamiflu, with US switch expected soon

<u>Limited NPD includes new antiviral nasal sprays (2 pages)</u> Launch activity focused on antiviral sprays

Oral & nasal sanitisers (5 pages)

<u>Vicks First Defence most established brand (1 page)</u> Established brands and new entrants fight for consumer attention

ColdZyme expanding internationally (1 page)
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Chart: ColdZyme leading markets 2020 (MSP,\$mn)

Otrivin Breathe Clean expands segment (1 page)

Roundup of other launches (2 pages)

CCA brands targeting immunity (4 pages)

<u>Sore throat remedies adding vitamin C (1 page)</u>
Marketers of cough, cold & flu treatments expanding into prevention positionings

Natural & traditional remedies benefit (1 page)

Natural cough remedies targeting immunity (1 page)

Zarbee's targets immune health (1 page)

Zarbee's successfully extended its honey-based cough & cold brand into immunity

Antiseptics & disinfectants (13 pages)

Immunity-adjacent category grows rapidly (1 page)

Chart: Global antiseptics & disinfectants sales 2016-20 (MSP, \$mn) Chart: Leading antiseptics & disinfectants markets 2020 (MSP, \$mn)

Safety a focus for US FDA (1 page)

Antiseptics & disinfectants see high levels of launch activity 2020-21

Leading brands growing rapidly across the board (1 page)

Chart: Global leading antiseptics & disinfectants 2020 (MSP, \$mn)

Spotlight on USA (1 page)

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Spotlight on China (1 page)

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Spotlight on India (1 page)

Chart: India antiseptics & disinfectants sales 2016-20 (MSP, \$mn)

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Chart: France antiseptics & disinfectants sales 2016-20 (MSP, \$mn)

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Dettol builds strong reputation during pandemic (3 pages)

Chart: Dettol antiseptics & disinfectants sales 2016-20 (MSP, \$mn)

Chart: Dettol leading markets 2020 (MSP, \$mn)

Key learnings

Germ-X benefits from simple USP (1 page)

Chart: Germ-X antiseptics & disinfectants sales 2016-20 (MSP, \$mn)

Changing habits will drive sustained sales (1 page)

Chart: Global antiseptics & disinfectants 5 & 10 year forecast sales 2025 &

2030 (MSP, \$mn) Short-term forecast

Foods & beverages (5 pages)

Brands for immunity seeing rapid expansion (5 pages)

With soaring consumer interest, immune health opportunity is being fully exploited by food & drink brands

Consumer scepticism amid claims crackdown

Conclusion: With the right proposition, immune-supporting food & drink could be a

trend for many years

Inner defence (5 pages)

Supplement marketers moving into new niches (2 pages)

Case study: Nourished Inner Defence

Plant People: Innovative VMS marketer making strides in immunity (2 pages)

Launches expand immune supplement positionings (1 page)

CBD for immunity (3 pages)

Marketers looking to capitalise on CBD's popularity (3 pages)

Immunity for active consumers (6 pages)

A new niche for immunity (3 pages)

Case study: Connual G

Fast&Up: Indian sports nutrition specialist competes in immunity (1 page)

Vega: Sports supplement player expands into "Immune support nutrition" (1 page)

Looking forward (1 page)

Personalised immunity (12 pages)

Is personalisation "the next frontier" in immunity? (1 page)

Nestlé a key player via Persona acquisition (2 pages)

DSM launches vitamin D brand with digital support (2 pages)

Bayer invests in personalised VMS and immune testing (2 pages)

Nourished offers personalised gummy stacks (1 page)

Amway works with HEM on personalised probiotics (1 page)

Thorne premium VMS line moves into testing (2 pages)

Viome offers custom-made VMS based on samples (1 page)

Regimen (6 pages)

<u>Underdeveloped concept with potential in immunity (2 pages)</u>
Significant opportunity for supplements tailored to stages of immunity
Defining immunity regimens

Ultra Immune a pioneer in immunity regimen (2 pages)

A variation on the concept: combination SKU launches on the rise (2 pages) Looking forward – the opportunity of regimen for immunity

Direct selling (17 pages)

MLM sales channel offers consumers the personal touch (1 page)

Direct selling (or multi-level marketing) – a powerful direct-to-consumer channel in the self-care industry

Leading MLM brands globally posting strong growth (1 page)
Chart: Global leading direct sales VMS brands 2020 (MSP, \$mn)

Nutrilite: Solid market leader with long market presence (1 page)

Chart: Nutrilite VMS sales 2016-20 (MSP, \$mn)

Chart: Nutrilite VMS sales by major region 2020 (MSP, \$mn)

Nutrilite: New launches in the immunity space (2 pages)

Nutrilite: Product bundles & discounts help drive immunity sales (1 page) Key learnings

Herbalife Nutrition: R&D investment drives growth for brand (1 page)

Chart: Herbalife Nutrition VMS sales 2016-20 (MSP, \$mn)

Chart: Herbalife Nutrition VMS sales by major region 2020 (MSP, \$mn)

Herbalife Nutrition: Use of branded ingredient Epicor offers edge (1 page)

Herbalife Nutrition: All-round immunity health solutions bundle (1 page)

USANA: Young company focused on cellular nutrition (1 page)

Chart: USANA VMS sales 2016-20 (MSP, \$mn)

Chart: USANA VMS sales by major region 2020 (MSP, \$mn)

USANA: InCelligence Complex offers unique selling point over rival brands (1 page)

InCelligence Complex – key technology driving the USANA brand

USANA: Immunity health range justifies premium pricing with unique blends (1 page)

Immune health launches in MLM beyond the top players (5 pages)

Outlook (8 pages)

How sustainable is the rise in products for immunity? (2 pages) Will Covid-19 impact consumer behaviour in the long term?

VMS immunity market to flatten in short term before rallying (5 pages)

Chart: Global VMS Immunity market 5 & 10 year forecast sales 2025 & 2030

(MSP, \$mn)

Short-term forecast

Most categories in VMS Immunity market will see moderate growth in the long term

Chart: VMS Immunity market forecast 2025 & 2030 by category (MSP, \$mn)

Four concluding thoughts on the future of immunity (1 page)

4 concluding thoughts on the future of Immunity